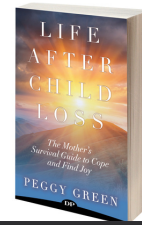


# Peggy Green

- Grief Coach
- Best Selling Author



- Speaker
- Mother



Peggy Green is a mother, teacher, survivor, speaker, and leader who has overcome the odds. She is an Amazon bestselling author who has experienced the loss of not just one child but two. After her sons suicide, she wrote *Life After Child Loss: The Mother's Survival Guide to Cope and Find Joy*.

She combines 14 years of professional coaching in fitness and nutrition with 30 years practical experience in grief to help mothers move from grief to hope so that they can find peace, joy, and happiness.

## SPEAKING TOPICS

- Understand Suicide: Practical Strategies for Surviving Your Loss
- Grief is Not Just Mental
- How to Cope and Find Joy After Child Loss
- Grief in the Workplace

## LEARNING OUTCOMES

- Learn tools to use in all phases of your journey to help manage your grief
- Learn how physical, mental, emotional and spiritual health work together for overall grief recovery
- Employees and employers learn how to support a grieving employee and fellow colleague

## TESTIMONIALS

I interviewed Peggy for my podcast *Linda's Corner*. She has survived child loss twice, yet she radiates peace, compassion, and hope. She understands through experience what it takes to heal. If you're dealing with the loss of a child, I highly recommend reaching out to The Grief Specialist.

Peggy Green is an amazing woman with a wonderful testimony that tells of hope after terrible grief. Her book, "*Life After Child Loss*" will help anyone dealing with grief. I recommend it.

## *The Grief Specialist*